

LUNCH MENU

Soup & Apps

Soup Du Jour	Cup	3.25	Bowl	6.50
Hummus	(Puréed garbanzo beans and tahini sauce served with pita)			5.70
Shrimp Cocktail	(Jumbo shrimp with horseradish sauce)			9.00
Baba Ghanouj	(Roasted eggplant and Tahini sauce served with pita)			5.95
Bel Ami's Artichoke Dip	(Artichoke, spinach and blend of three cheeses served with toasted bread)			7.25

Salads

Broiled Chicken Salad	(Tomatoes, onions and pickles on a bed of greens)			8.70	
Greek Spaghettini Chicken Salad	(Pesto sauce, feta cheese, tomatoes, olives, red onions, parsley)			8.70	
Southwest Chicken Salad	(Mixed greens, tomatoes, corn, black beans, parmesan cheese) and southwest dressing topped with tortilla julienne)			8.70	
Viennese Salad	(Mixed greens with feta cheese, cornichon, tomatoes onions, cucumbers, with tangy Viennese dressing)				
Caesar Salad	(Crisp romaine mixed, homemade dressing topped with parmesan and tomato mix)				
Fattoush Salad	(Mixed greens, tomatoes, onions, cucumbers, pita crisps, with our Fattoush dressing)				
Any salad with:	*Chicken 8.70	*Salmon 10.95	*Shrimp 9.95	*Tilapia 8.95	*Beef 10.45

Sandwiches

Turkey Caesar	(Lean turkey and provolone cheese on white OR wheat hoagie with lettuce and tomato)			8.45
*Grilled Tilapia	(Seasoned grilled tilapia filet with tartar sauce and crisp lettuce on white OR wheat hoagie)			8.95
Blackened Chicken	(Grilled and served with provolone cheese lettuce, tomato and honey mustard dressing on bun)			8.70
Pesto Ham and Cheese	(Sliced smoked ham, Swiss cheese and mayo pesto dressing on a white OR wheat hoagie)			8.45
Reuben Sandwich	(Corned beef, Swiss cheese, sauerkraut and thousand island dressing on marble rye bread)			8.70
Philly Cheese Steak	(Sliced steak, peppers, onions and mushrooms on white OR wheat hoagie topped with melted mozzarella cheese)			9.35
*Bel Ami Steak Burger	(House made chopped Angus steak, cheddar cheese, bacon)			8.45
California Veggie Burger	(Black bean patty tomato, lettuce, avocado, provolone cheese)			8.45

Sandwiches served with your choice of soup / pasta. § Or salad for \$ 0.75

Signature Items

*Lemon Herb Salmon Filet	(Grilled salmon in an old fashioned marinade topped with garlic butter, tomato mix)			10.95
Chicken Bel Ami	(Marinated grilled chicken with a herb garlic butter sauce)			8.70
Shrimp & Chicken A la Nabil	(Sautéed chicken and shrimp with bell peppers, tomatoes, spinach, black beans onions, leeks, mushrooms and rigati pasta with a chili garlic cream sauce)			8.95

Entrees

Beef Medallion Special	<i>(Grilled tender cuts of beef served with today's special sauce)</i>	10.55
*Chicken & Shrimp Au Poivre	<i>(Grilled chicken and shrimp with five pepper corn sauce over bed of rice)</i>	9.95
Carbonara Cavatappi Chicken	<i>(Bacon, peas, leeks, parmesan and Romano cheese in butter cream sauce)</i>	8.45
Shawerma Platter	<i>(Hummus OR Baba Ghanouj, beef tips OR chicken tips, onions with salad choice; Fattoush, Caesar or Viennese)</i>	9.70
Beef Hunter	<i>(Tender beef tips, onions, leeks, and mushrooms with a lemon crème sauce over rice)</i>	8.70
*Seafood Curry	<i>(Sautéed shrimp, scallops and salmon with rigate pasta)</i>	9.10
Chicken Ravioli	<i>(Stuffed cheese ravioli sautéed with chicken, onions and mushrooms, parmesan in pomodoro sauce)</i>	9.10
*Shrimp Ravioli	<i>(Stuffed cheese ravioli sautéed with shrimp, onions, leeks and mushrooms, parmesan in lobster bisque)</i>	9.95
*Seafood Pescatore	<i>(Sautéed shrimp, scallops and salmon with spaghetti pasta Onions, leek, mushrooms, spinach in a light marinara sauce)</i>	9.10
*Shrimp Scampi	<i>(Sautéed with just enough fresh garlic lemony crème sauce, lemon, over linguini pasta)</i>	9.20
Sundried Tomato Cavatappi Chicken	<i>(Sautéed chicken, onions, mushrooms, sundried tomatoes) and cavatappi pasta with creamy parmesan cheese sauce)</i>	8.45
*Seasoned Grilled Tilapia	<i>(Grilled tilapia with creamy pesto garlic sauce served over rice)</i>	8.95
Beef Stroganoff	<i>(Sautéed tender beef tips with onions, mushrooms, parmesan and cavatappi pasta in a light sour cream sauce)</i>	8.70
Side Salad (Fattoush, Caesar, Viennese)		3.70

Beverages

Soft Drinks	2.55	Espresso	3.35
Coffee - Ice Tea	2.55	Cappuccino	3.80
Perrier	3.00	Latte	3.80

Dessert

Crème custard	6.00
<i>Made with Grand Marnier, topped with berry sauce and served with biscotti, chef's special</i>	
Apple & Pear Bread Pudding (walnut, raisin)	5.95
<i>Served with sabayon, topped with Melba sauce and fresh whipped cream</i>	
Cake (Make your choice from our variety)	5.95
Baklawa	4.50

Thank you.

Please let us know if you are allergic to any ingredient

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.