

LUNCH MENU

Soup & Apps

Soup Du Jour	Cup	3.25	Bowl	6.50
Hummus	<i>(Pureed garbanzo beans and Tahini sauce served with pita)</i>			5.50
Shrimp Cocktail	<i>(Jumbo shrimp with horseradish sauce)</i>			8.95
Baba Ghanouj	<i>(Roasted eggplant and Tahini sauce served with pita)</i>			5.75
Bel Ami's Artichoke Dip	<i>(Artichokes, spinach and blend of three cheeses served with toasted bread)</i>			6.95

Salads

Broiled Chicken Salad	<i>(Tomatoes, onion and pickle on a bed of greens)</i>			8.50	
Greek Spaghettini Chicken Salad	<i>(Pesto sauce, feta cheese, tomato, olives, red onion, parsley)</i>			8.50	
Southwest Chicken Salad	<i>(Mixed greens tomato, corn, black bean, parmesan cheese and southwest dressing topped with tortilla julienne)</i>			8.50	
Viennese Salad	<i>(Mixed greens with feta cheese, Cornichon, tomatoes with tangy Viennese dressing)</i>				
Caesar Salad	<i>(Crisp romaine mixed, homemade dressing topped with parmesan and tomato mix)</i>				
Fattoush Salad	<i>(Mixed greens, tomatoes, onions, cucumbers, pita crisps, with our Fattoush dressing)</i>				
With: —	Chicken \$ 8.50	*Salmon \$ 10.75	*Shrimp \$ 9.95	*Tilapia \$ 8.95	*Beef \$ 10.25

Sandwiches

Turkey Caesar	<i>(Lean turkey and provolone cheese on white OR wheat hoagie with lettuce and tomato)</i>			8.25
*Grilled Tilapia	<i>(Seasoned grilled tilapia filet with tartar sauce and crisp lettuce on bun)</i>			8.95
Blackened Chicken	<i>(Grilled and served with provolone cheese lettuce, tomato and honey mustard dressing on bun)</i>			8.50
Ham and Cheese	<i>(Sliced smoked ham, Swiss cheese and old fashioned grained mustard on a white OR wheat hoagie)</i>			8.25
Reuben Sandwich	<i>(Corned beef, Swiss cheese, sauerkraut, and thousand island dressing on marble rye bread)</i>			8.50
Philly Cheese Steak	<i>(Sliced steak, peppers, onions and mushrooms on white OR wheat hoagie topped with a melted mozzarella cheese)</i>			9.00
*Bel Ami Steak Burger	<i>(House made chopped Angus steak, cheddar cheese, bacon)</i>			8.25
California Veggie Burger	<i>(Black Bean Patty Tomato, lettuce, avocado, provolone cheese)</i>			8.25

Sandwiches served with your choice of soup / pasta. § Or salad for \$ 0.75

Signature Items

*Lemon Herb Salmon Filet	<i>(Grilled salmon in an old fashioned marinade)</i>			10.75
Chicken Bel Ami	<i>(Marinated grilled chicken with a herb garlic butter sauce)</i>			8.50
Shrimp & Chicken A la Nabil	<i>(Sautéed chicken and shrimp with bell peppers, tomatoes, spinach mushrooms and Rigati pasta with a chili garlic cream sauce)</i>			8.75

Entrees

*Beef Medallion Special	(Grilled tender cuts of beef served with today's special sauce)	10.25
*Chicken & Shrimp Au Poivre	(Grilled chicken and shrimp with five pepper corn sauce over bed of rice)	9.75
Carbonara Cavatappi Chicken	(Bacon, peas, leak, parmesan and Romano cheese in butter cream sauce)	8.25
Shawerma Platter	(Hummus OR Baba Ghanouj, beef tips OR chicken tips with Salad Choice; Fattoush, Caesar or Viennese)	9.00
Beef Hunter	(Tender beef tips, onions, leaks and mushrooms with a lemon cream sauce over rice)	8.50
Chicken Ravioli	(Stuffed cheese ravioli sautéed with chicken, onions, and mushrooms in Pomodoro sauce)	8.95
*Shrimp Ravioli	(Stuffed cheese ravioli sautéed with shrimp, onions, leeks and mushrooms in lobster bisque)	9.00
*Seafood Pescatore	(Sautéed shrimp, scallops and salmon with Spaghettini pasta in a light marinara sauce)	9.00
*Shrimp Scampi	(Sautéed with just enough fresh garlic crème sauce, lemon, over linguini)	9.00
Sundried Tomato Cavatappi Chicken	(Sautéed chicken, onions, mushrooms, sundried tomatoes) and Cavatappi pasta with creamy parmesan cheese sauce)	8.25
*Seasoned Grilled Tilapia	(Grilled tilapia with creamy pesto garlic sauce served over rice)	8.95
Beef Stroganoff	(Sautéed tender beef tips with onions, mushrooms and Cavatappi pasta) in a light Sour Cream sauce	8.50
Side Salad (Fattoush, Caesar, Viennese)		3.50

Beverages

Soft Drinks	2.45	Espresso	3.25
Coffee -- Ice Tea	2.45	Cappuccino	3.70
Perrier	2.95	Latte	3.70

Dessert

Crème custard	5.75
<i>Made with Grand Marnier, topped with berry sauce and served with biscotti, chef's special</i>	
Apple & Pear Bread Pudding	5.25
<i>Served with sabayon, topped with melba sauce and fresh whipped cream</i>	
Cake (Make your choice of our variety)	5.25
Baklava	4.50

Thank you.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.