

LUNCH MENU

Soup & Appetizers

Soup Du Jour	Cup	3.00	Bowl	6.80
Baba Ghanouj	Roasted eggplant, tahini, lemon juice, pita bread			6.45
Bel Ami's Artichoke Dip	Artichoke, spinach, three cheese blend, house croutons, and pita crisp			7.80
Hummus	Garbanzo beans, tahini, lemon juice, pita bread			6.20

Salads

Broiled Chicken Salad	Tomatoes, onions and pickles over mixed greens			9.75	
Greek Spaghettini Chicken Salad	Pesto sauce, feta cheese, tomatoes, olives, red onions, parsley			9.75	
Southwest Chicken Salad	Mixed greens, tomatoes, corn, black beans, parmesan cheese, tortilla julienne			9.75	
Viennese Salad	Mixed greens with feta cheese, cornichon, tomatoes, onions, cucumbers				
Caesar Salad	Crisp romaine mixed, homemade dressing topped with parmesan and tomato mix				
Fattoush Salad	Mixed greens, tomatoes, onions, cucumbers, pita crisps, with our Fattoush dressing				
Any salad with:	*Chicken 9.75	*Salmon 12.25	*Shrimp 10.95	*Tilapia 9.95	*Beef 11.95

Sandwiches

Turkey Caesar	Lean turkey and provolone cheese on hoagie with lettuce and tomato			9.00
Blackened Chicken	Grilled, served with provolone cheese lettuce, tomato and honey mustard dressing on bun			9.75
Pesto Ham and Cheese	Sliced smoked ham, Swiss cheese, mayo pesto dressing on hoagie			9.25
Philly Cheese Steak	Sliced steak, peppers, onions, mushrooms on hoagie topped with melted mozzarella cheese			10.25
*Bel Ami Steak Burger	House made chopped Angus steak, cheddar cheese, bacon			9.00
California Veggie Burger	Black bean patty, tomato, lettuce, avocado, provolone cheese			9.25

Sandwiches served with your choice of soup / pasta. § Or salad for \$ 1.00

Signature Items

*Lemon Herb Salmon Filet	Grilled salmon in an old fashioned marinade topped with garlic butter, tomato mix			12.25
Chicken Bel Ami	Marinated grilled chicken with a herb garlic butter sauce			9.95
A La Nabil Shrimp and Chicken	Sautéed chicken and shrimp, bell peppers, tomatoes, spinach, black beans, onions, leeks, mushrooms and rigati pasta in a chili garlic cream sauce. New Orleans style			10.25
Beef Medallion Special	Grilled tender cuts of beef served with sauce du jour			11.95
*Seafood Pescatore	Sautéed shrimp, scallops and salmon with spaghettini pasta, onions, leek, mushrooms, spinach in a light marinara sauce			10.00

Entrees

*Chicken & Shrimp Au Poivre	Grilled chicken and shrimp with five pepper sauce over rice	11.50
Carbonara Cavatappi Chicken	Bacon, peas, leeks, parmesan and Romano cheese in butter cream sauce	9.95
Shawerma Platter	Hummus or Baba Ghanouj, beef tips or chicken tips, onions with choice of : Fattoush, Caesar or Viennese	11.45
Beef Hunter	Tender beef tips, onions, leeks, and mushrooms in a lemon crème sauce over rice	10.00
*Seafood Curry	Sautéed shrimp, scallops and salmon with rigate pasta	10.00
Chicken Ravioli	Cheese filled ravioli sautéed with chicken, onions and mushrooms, parmesan in pomodoro sauce	9.95
*Shrimp Ravioli	Cheese filled ravioli sautéed with shrimp, onions, leeks and mushrooms, parmesan in lobster bisque	11.50
*Shrimp Scampi	Sautéed with just enough fresh garlic lemony crème sauce, lemon, over linguini pasta	11.40
Sundried Tomato Cavatappi Chicken	Sautéed chicken, onions, mushrooms, sundried tomatoes and cavatappi pasta in a creamy parmesan cheese sauce	9.95
*Seasoned Grilled Tilapia	Grilled tilapia with pesto garlic sauce served over rice	10.00
Beef Stroganoff	Sautéed tender beef tips with onions, mushrooms, parmesan and cavatappi pasta in a light sour cream sauce	10.00
Side Salad (Fattoush, Caesar, Viennese)		3.25

Beverages

Soft Drinks	2.75	Espresso	3.45
Coffee - Ice Tea	2.75	Cappuccino	3.90
Perrier - S. Pellegrino	3.00	Latte	3.90

Dessert

Crème custard	Made with Grand Marnier, topped with berry compote and served with biscotti, chef's special	6.50
Apple & Pear Bread Pudding	Walnuts, raisins, cinnamon, crème sabayon, Melba Sauce	6.45
	Enjoy it a la Mode for an additional	2.60
Gâteau	Ask your server for available options	6.45
Baklawa		4.85
Ice Cream		4.45

Thank you.

Please relay your allergies to our staff.

*Consuming raw or undercooked red meats, poultry, seafood, shellfish or eggs may increase your risk of food-born illness.